

Rock The Boat – Day Sailing Information

Safety

Lifejackets are available for all persons on-board. They are compulsory for all non-swimming passengers or when conditions necessitate their use (rough weather, crossing the bar or sailing offshore). Please ask if you require a lifejacket to feel comfortable.

In the event of somebody falling overboard – please shout “Man Overboard”, point to the person, and DO NOT TAKE YOUR EYES OFF THEM.

Toilet

The boat has a toilet (it’s called the head). After you have done your business, press the button on the front of the vanity and the waste will be pumped through a small diameter hose into the holding tank. It’s always a good idea to use the toilet at the marina before heading off.

To avoid clogging the pipes, flush often if you have a big load!

The two rules on a boat are:

“Don’t put anything in the toilet that has not passed through your mouth first”

(A small amount of toilet paper is ok) + (Sanitary disposal bags are in the mirrored cupboard)

“If you clog it up – you dismantle & fix it”

(Rubber gloves will be supplied)

Sea Sickness

Sailing on the lake does not usually result in sea sickness. But if you find yourself feeling queezy, **say something**. Having something to eat/drink, getting into the fresh air and looking at the horizon helps.

Sun Protection

The sun reflect on the water, so sitting in the shade will reduce your sun exposure, but we recommend that everybody applies sun screen before they get on board (we do have plenty available for those that forget).

Clothing

We recommend light casual clothing, but bring along a thin jumper to put on if it’s windy or cloudy. In the event of rain, we can put up the canvas covers and this will protect us.

Shoes must be soft soled, non-marking – so no high heels or black soles. We recommend runners, or bare feet. Lake Macquarie is great place to take a swim, so bring along your bather/swimmers and a towel.

Rubbish

A rubbish bin is located under the sink - in the galley (that’s what they call the kitchen on a boat) and in the head.

Fridge

A fridge freezer is located in the galley, but drinks can be stored in the esky mounted on the swim platform at the back of the boat.

Under Sail

When sailing, anybody can come and take the wheel, just ask!

When sailing, the boat may heel over (tip over) a bit. This is perfectly normal! The boat will not tip over (there is almost 3 tonnes of lead in the keel). Of course, in a racing boat, you see all the crew sitting on the high side of the boat – trying to keep the boat flat. When cruising, we don’t worry, as it’s very uncomfortable sitting up there!



Boat Heeling over – it's perfectly normal

What to Bring

We will have chicken, salad and bread rolls for lunch. But you are welcome to bring along anything you would like to share with the group. If anybody would like to bring a desert – let me know so we can coordinate the food.

Bring along your favourite cold drinks, and we can throw them in the esky.

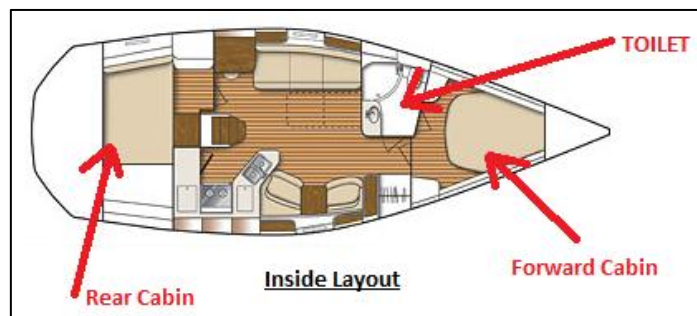
The kettle is available for tea and coffee.

Fishing while sailing is possible, but it's easier when we stop. So bring along your fishing rod if you want to catch some dinner.

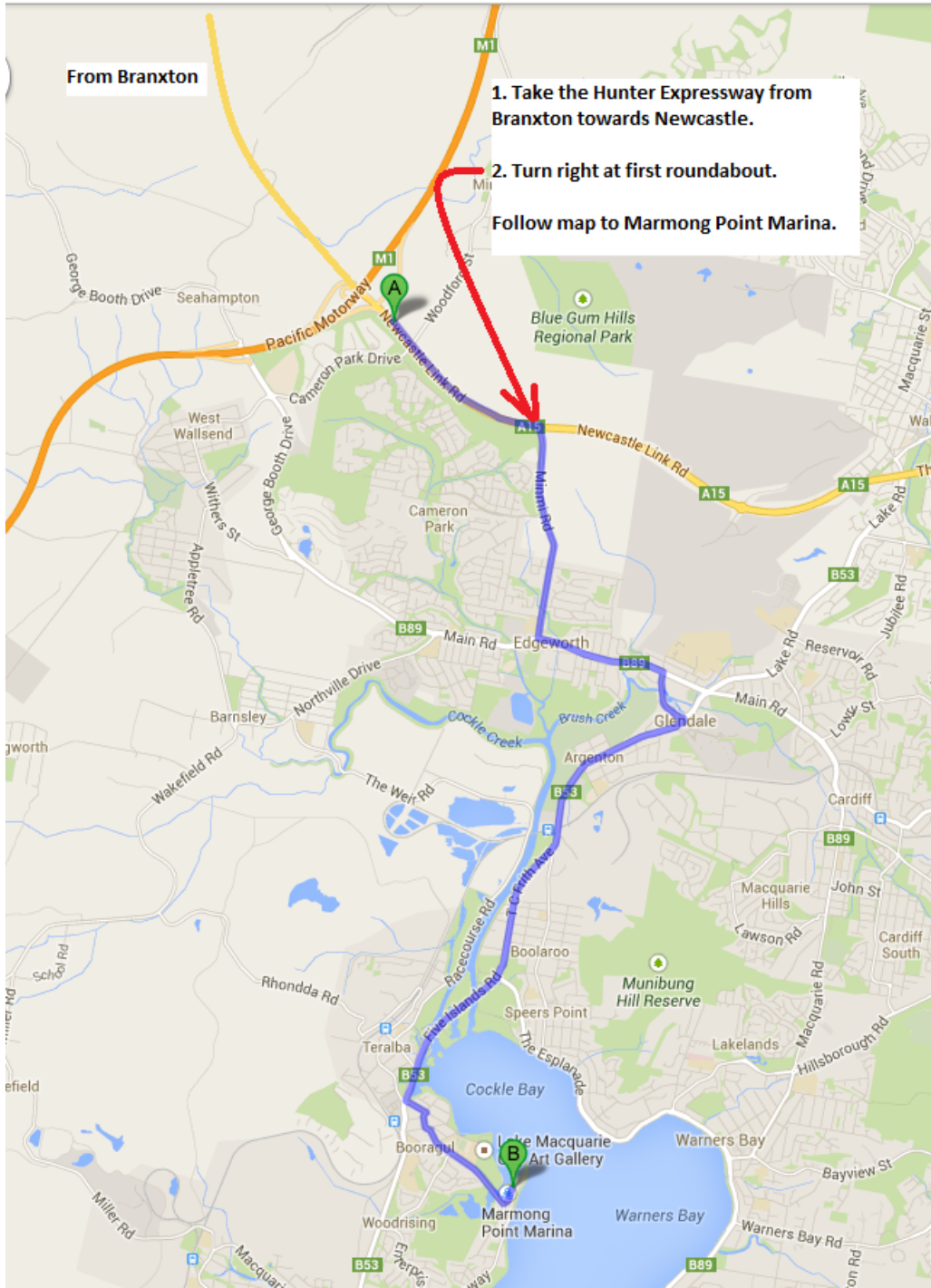
The Boat

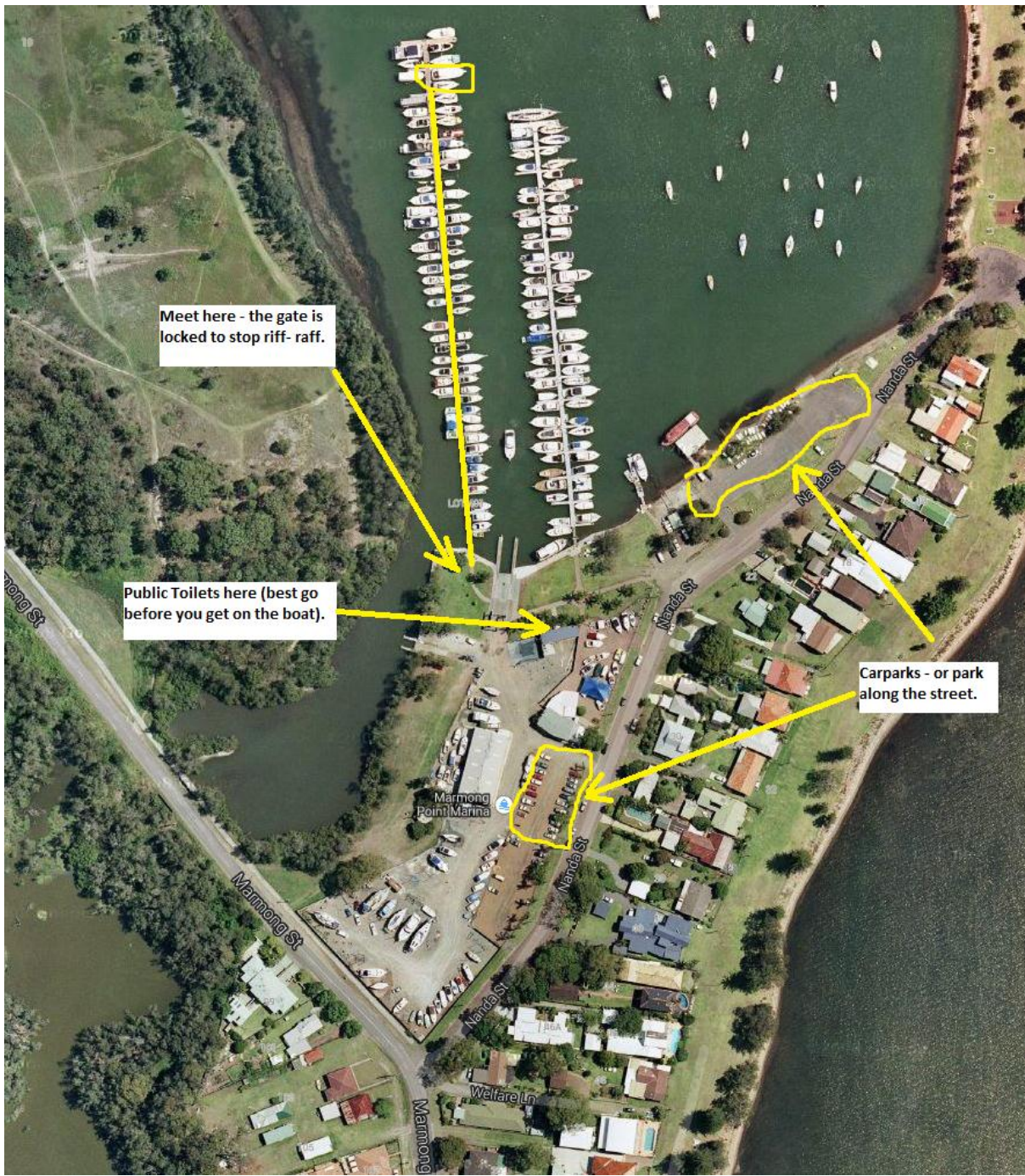
Rock the Boat, is a Catalina 375. It is approved for ocean conditions and fitted with all the necessary safety gear. The cockpit has seating for at least 8 adults. While sailing, people are free to climb around the deck, and enjoy the fresh air (but please hang on).

Down below are two sleeping cabins, the bathroom, main cabin and the galley. The boat is fitted with pressurised hot and cold running water, TV and Stereo. This same boat is available for charter in the Whitsundays (great holiday destination – we can really recommend it).



Getting To Marmong Marina





Meet here - the gate is locked to stop riff-raff.

Public Toilets here (best go before you get on the boat).

Carparks - or park along the street.